Ending Violence
ASSOCIATION OF BC

STV Individual and Group Service Delivery

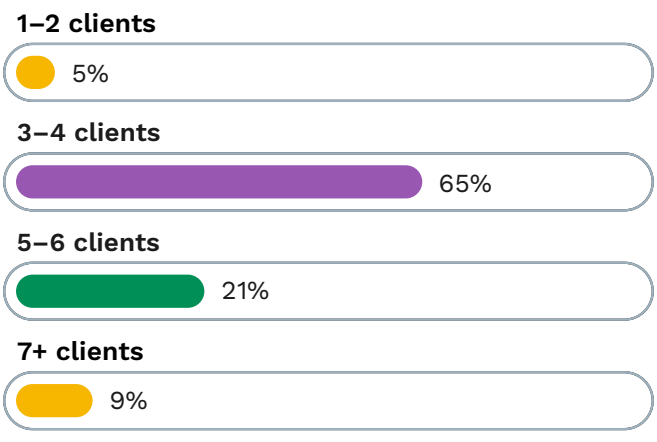
In 2025, EVA BC surveyed Stopping the Violence (STV) counsellors across BC to gain insight into how they deliver the program. The purpose of this infographic is to highlight information provided by STV counsellors about the delivery of individual and group counselling services.



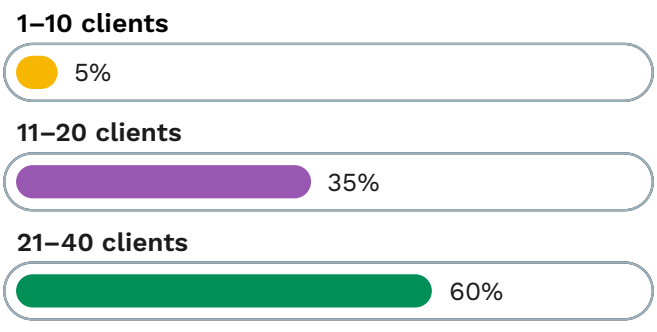
What does an average caseload look like?

Most STV counsellors report seeing 3–4 clients per day and up to 40 clients per month.

DAILY



MONTHLY



How many sessions does a client typically receive per year?

Most clients receive between 11 and 20 sessions during a contract year.

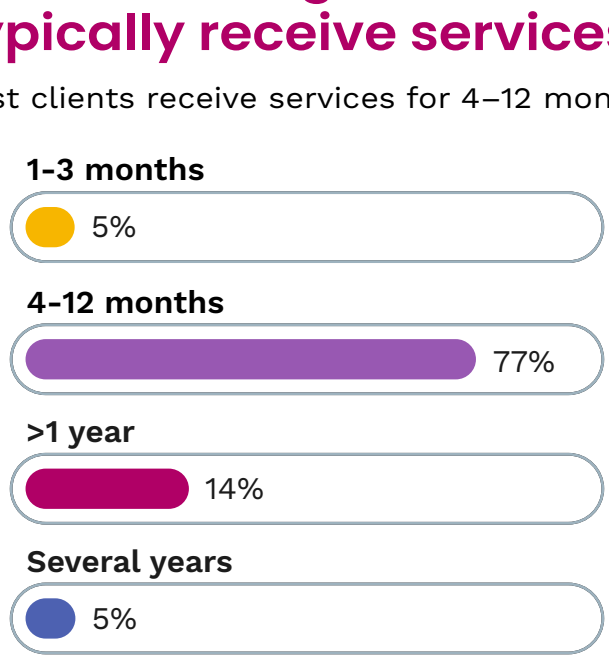
58%
11–15 sessions

42%
16–20 sessions



For how long do clients typically receive services?

Most clients receive services for 4–12 months.





What factors influence extending the length of service?

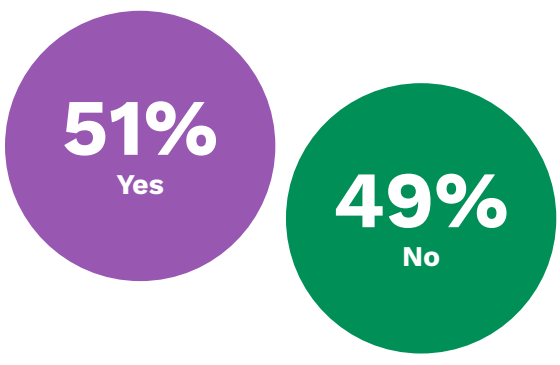
Decisions to extend sessions or service length are shaped by client needs and program context.

- Level of risk
- Severity of trauma impact
- Stage of recovery
- Program waitlist status
- Language needs
- Limited alternative supports
- Unexpected events (e.g., bereavement, housing loss, court involvement)

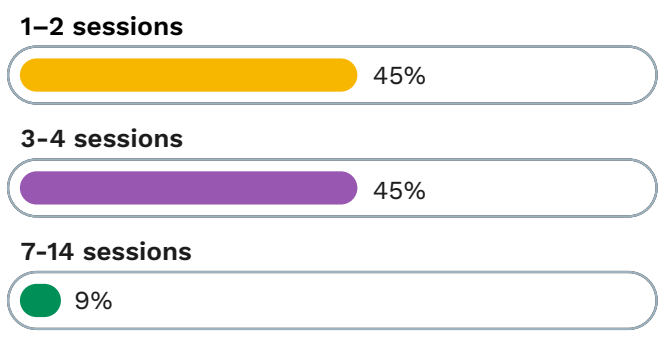
How many STV counsellors provide group counselling?

STV counsellors are almost evenly split in providing group counselling, and among those who do, most offer between 1 and 4 sessions per month.

Do you provide STV group counselling?



Group sessions per month



The Ending Violence Association of BC (EVA BC) acknowledges the Ministry of Public Safety and Solicitor General (MPSSG) and Women and Gender Equality Canada (WAGE) for their support of this project, including the development of this infographic series. We are grateful to the 50 STV counsellors who participated in the survey and shared their insights, helping to inform our work.