Ending Violence
ASSOCIATION OF BC

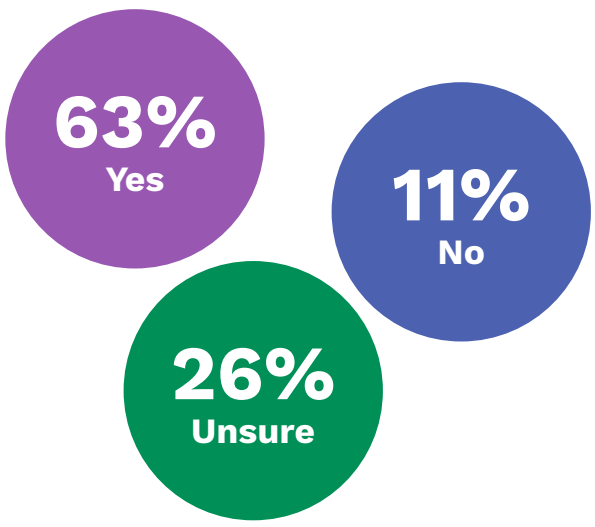
Counsellor Support Plans

In 2025, EVA BC surveyed Stopping the Violence (STV) counsellors across BC to gain insight into how they deliver the program. The purpose of this infographic is to highlight information provided by STV counsellors about the development and implementation of Counsellor Support Plans (CSP) to promote counsellor well-being.



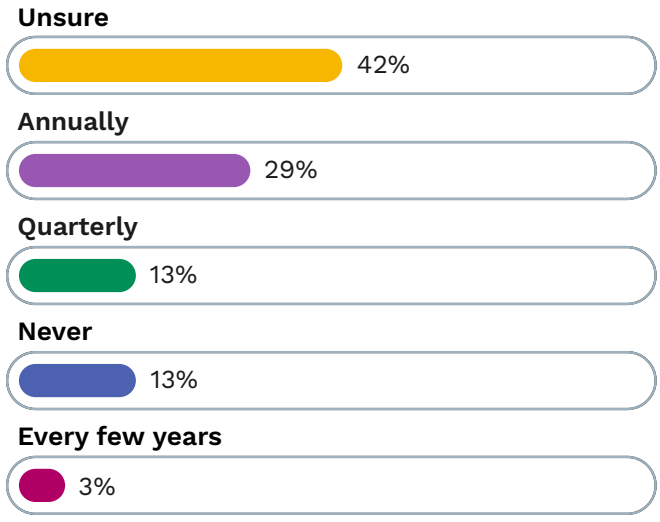
Do STVC counsellors have a Counsellor Support Plan?

Most STVC counsellors report having a Counsellor Support Plan in place.



How often are Counsellor Support Plans reviewed or updated?

Awareness of review practices varies, with many respondents unsure whether their CSP has been formally reviewed or updated.



What support mechanisms are provided to STV counsellors?

Programs report offering a range of formal and informal supports to promote counsellor well-being.

- Peer support
- Debriefing
- Case consultation
- Clinical supervision
- Supervision from a direct supervisor



- Extended health benefits
- Employee and Family Assistance Program (EFAP)
- Support from EVA BC
- Cultural supports

Counsellor Support Plans are reported by a majority of STVC programs, though awareness and review practices vary. Counsellors identify a range of formal and informal support mechanisms for STV counsellors, with variation in how consistently plans are reviewed or updated.

The Ending Violence Association of BC (EVA BC) acknowledges the Ministry of Public Safety and Solicitor General (MPSSG) and Women and Gender Equality Canada (WAGE) for their support of this project, including the development of this infographic series. We are grateful to the 50 STV counsellors who participated in the survey and shared their insights, helping to inform our work.

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