Ending Violence
ASSOCIATION OF BC

Virtual STV Counselling Benefits and Drawbacks

In 2025, EVA BC surveyed Stopping the Violence (STV) counsellors across BC to gain insight into how they deliver the program. The purpose of this infographic is to highlight information provided by STV counsellors about the benefits and drawbacks of virtual STV counselling.



What benefits of virtual counselling are reported?

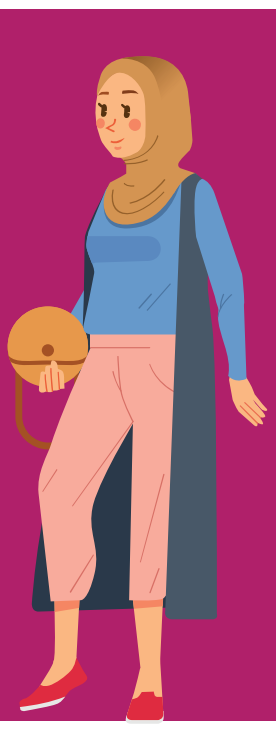
Respondents identify increased accessibility and flexibility as key benefits of virtual counselling.

- Improved accessibility for survivors facing barriers to in-person attendance
- Flexibility to work from home
- Reduced travel time
- Reduced childcare needs
- Increased comfort during phone sessions

How do reported benefits vary by area?

Flexibility is more frequently cited in rural areas, while reduced travel time is more frequently cited in urban areas.

Benefit	Rural	Urban
Flexibility to work from home	27%	17%
Reduced travel time	13%	22%





What limitations of virtual counselling are reported?

Respondents identify relational and technological factors as primary limitations of virtual counselling.

- Reduced ability to read non-verbal cues
- Privacy and confidentiality concerns
- Technology issues
- Limited use of certain therapeutic interventions

How do reported limitations vary by area?

Technology issues are more frequently reported in rural and remote areas, while privacy concerns are more frequently reported in urban areas.

Technology issues

20% Rural & remote

8% Urban

Privacy concerns

40% Urban

30% Rural

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